Treatment of War Zone Stress Injuries:

Individual Counseling
Couples Counseling
Family Counseling
Group Counseling

Here’s what veterans and families had to say about the Vet Center Services:

“After I learned ways to control my anger, I felt better about myself.”

“After joining a PTSD group, I got to know some other vets who had symptoms similar to mine and I didn’t feel so alone.”

“The Vet Center helped my family understand PTSD.”

“Counseling helped my depression even though it’s been 50 years since the War.”

Veterans: Remember that family members also need your understanding. While you were deployed they might have had to take on extra responsibilities, had to deal with problems without your help, or felt lonely. It also takes time for them to readjust.

Serving the following Counties
Ashtabula, Crawford, Erie, Mercer, McKean, Venango and Warren

Vet Center
240 West 11th Street, Suite 105
Erie, PA 16501
(814) 453-7955
Fax: (814) 456-5464
www.vetcenter.va.gov
PTSD

Symptoms of PTSD include:

- Intrusive thoughts
- Irritability, anger and rage
- Isolation
- Emotional Numbing
- Hyper-Alertness
- Depression
- Substance Abuse

Eligibility for Vet Center Services

If you, or a family member, served in any combat zone and received a military campaign ribbon you are eligible for Vet Center services.

- World War II
- Korea
- Vietnam
- Lebanon
- Grenada
- Panama
- Persian Gulf
- Somalia
- Bosnia

Sexual Trauma Counseling
- all Eras

Global War on Terrorism
Bereavement

Services include confidential individual counseling, group counseling, marital and family counseling, bereavement counseling, medical referrals, assistance and referral for applying for VA Benefits, employment counseling, guidance and referral, alcohol/drug assessments, information and referral to community resources, military sexual trauma counseling and referral, outreach and community education.

Family members of combat veterans have been eligible for Vet Center readjustment counseling services for military related issues since 1979.

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NEED TO SPEAK WITH SOMEONE NOW? CALL THE COMBAT CALL CENTER: 1-877-WAR-VETS

There is no charge for Vet Center services.