

Vet Center (222)

The Vet Center provides a broad range of counseling, outreach, and referral services to eligible veterans in order to help them make a satisfying postwar readjustment to civilian life.

Sandra Fulgham, LSW
Team Leader

Jane Drumm, LCSW
Counselor

Kelly Riazzi, LSW
Counselor

Paul Oros, LSW
Counselor

Megan Kennedy, LCSW
Counselor

Anthony Reitz
MVC Driver

Scheduled Hours:

Monday 0800-1730

Tuesday - Thursday 0700-1630

Friday 0800-1630

Evening groups and

other hours by appointment

Readjustment Counseling Service

U.S. Department of Veterans Affairs



Treatment of

War Zone Stress Injuries:

Individual Counseling
Couples Counseling
Family Counseling
Group Counseling

Here's what veterans and families had to say about the Vet Center

Services:

"After I learned ways to control my anger, I felt better about myself."

"After joining a PTSD group, I got to know some other vets who had symptoms similar to mine and I didn't feel so alone."

"The Vet Center helped my family understand PTSD."

"Counseling helped my depression even though it's been 50 years since the War."

Veterans: Remember that family members also need your understanding. While you were deployed they might have had to take on extra responsibilities, had to deal with problems without your help, or felt lonely. It also takes time for them to readjust.



Vet

Center

Erie, PA



Serving the following Counties

Ashtabula, Crawford, Erie, Mercer, McKean,
Venango and Warren

Vet Center

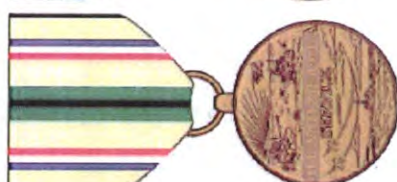
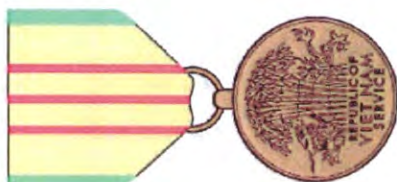
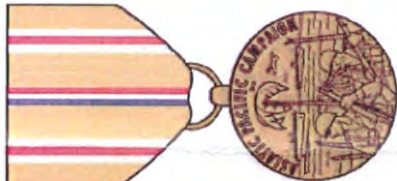
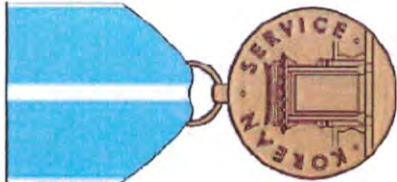
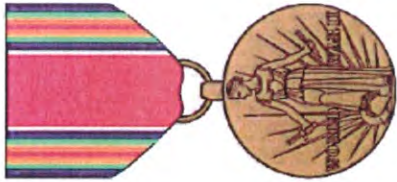
240 West 11th Street, Suite 105

Erie, PA 16501

(814) 453-7955

Fax: (814) 456-5464

www.vetcenter.va.gov



PTSD

Symptoms of PTSD include:

- Intrusive thoughts
- Irritability, anger and rage
- Isolation
- Emotional Numbing
- Hyper-Alertness
- Depression
- Substance Abuse

Eligibility for Vet Center Services

If you, or a family member, served in any combat zone and received a military campaign ribbon you are eligible for Vet Center services.

World War II

Korea

Vietnam

Lebanon

Grenada

Panama

Persian Gulf

Somalia

Bosnia

Sexual Trauma Counseling
– all Eras

Global War on Terrorism
Bereavement

Services include confidential individual counseling, group counseling, marital and family counseling, bereavement counseling, medical referrals, assistance and referral for applying for VA Benefits, employment counseling, guidance and referral, alcohol/drug assessments, information and referral to community resources, military sexual trauma counseling and referral, outreach and community education.

Family members of combat veterans have been eligible for Vet Center readjustment counseling services for military related issues since 1979.

Serving Ashtabula, Crawford, Erie, Mercer, McKean, Venango and Warren counties

**NEED TO SPEAK WITH
SOMEONE NOW? CALL THE
COMBAT CALL CENTER:
1-877-WAR-VETS**

There is no charge for Vet Center services.